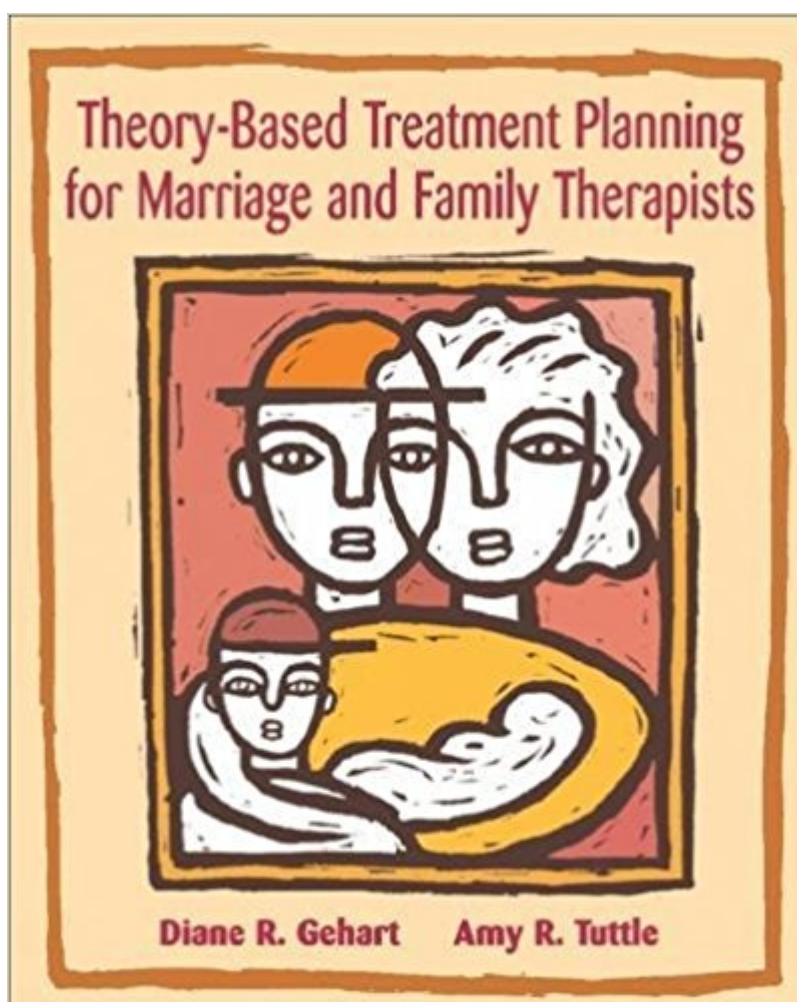


The book was found

# Theory-Based Treatment Planning For Marriage And Family Therapists: Integrating Theory And Practice (Marital, Couple, & Family Counseling)





## Synopsis

This text is a treatment planner and theory guide for therapists working from systemic and postmodern approaches. Unlike existing resources, this treatment planner provides a means to directly integrate family therapy theory and practice. By providing treatment planning strategies along with complete overviews of specific theories, the book provides a remedy for the common "missing link" between theory and practice. The purpose of this book is to fill the ever-widening gap between formal training in theory and actual practice in managed-care dominated workplaces. The text covers 11 of the most widely used family therapies providing a summary for each theory and then specific strategies for developing a treatment plan.

## Book Information

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## Customer Reviews

"The writing style is engaging. The material is presented in a concise manner. The essential ideas for each theoretical model are presented well. The chapters are organized in a readable and logical manner. There is a nice flow from topic to topic." "The content of the book goes far in accomplishing its purpose of bringing together theory and practice in the planning phase of therapy. The book is likely to be a best seller." "The strength of the proposed text lies in the vignettes and treatment plans noted for each theory discussed. The vignettes become powerful components for how the reader might conceptualize theory to practice. The author paid great attention to how the reader might

conceptualize each vignette from a systems perspective while working with an individual, couple, and family." "I would describe this manuscript as a very straightforward, logically organized, succinct, well integrated text." "First, it presents the main marriage and family theories clearly and succinctly. Second, it emphasizes the treatment planning process. While the manuscript is very pragmatic it also demonstrates critical thinking about the cases and I see this as a definite strength."

Dr. Diane R. Gehart is a Professor in the Marriage, Family, and Therapy and Counseling Programs at California State University, Northridge. She has authored numerous books, including CASE DOCUMENTATION IN COUNSELING AND PSYCHOTHERAPY, THEORY AND TREATMENT PLANNING IN COUNSELING AND PSYCHOTHERAPY, MINDFULNESS AND ACCEPTANCE IN COUPLE AND FAMILY THERAPY, and MASTERING COMPETENCIES IN FAMILY THERAPY. She also co-edited COLLABORATIVE THERAPY: RELATIONSHIPS AND CONVERSATIONS THAT MAKE A DIFFERENCE, and has developed two systems for assessing student learning: THE COMPLETE MFT CORE COMPETENCY ASSESSMENT SYSTEM and THE COMPLETE COUNSELING ASSESSMENT SYSTEM. Dr. Gehart's areas of specialty include mindfulness, mental health recovery, postmodern and systemic therapies, sexual abuse treatment, gender issues, children and adolescents, client advocacy, qualitative research, and education in family therapy. She speaks internationally, having conducted workshops to professional and general audiences in the United States, Canada, Europe, and Mexico. Her work has been featured in newspapers, radio shows, and television worldwide. She is an associate faculty member at three international post-graduate training institutes: The Taos Institute, Houston Galveston Institute, and The Marburg Institute for Collaborative Studies in Germany. Additionally, she is an active leader in state and national professional organizations. She maintains a private practice in Agoura Hills, California, specializing in couples, families, trauma, life transitions, and difficult-to-treat cases. Amy R. Tuttle, M.S. is working on a Ph.D. at Loma Linda University. She worked as an educator for two years and received her M.S. in Counseling, Marriage and Family Therapy at CSU, Fresno. She works as a Marriage and Family Therapist Intern and teaches part time. Her research interests include clinical processes, marriage and family therapy theories, family interactional processes, diversity issues, and blended families.

OMG I LOVE THIS BOOK - THIS is such a gem to have in your collection. It describes the treatment for each theory you are using. Gives easy to read and follow directions. It even has a step by step guideline to use. THIS book is amazing - I am so happy I bought this book. I have used it many time

already in my Internship. Also blank pages with the outline so you can practice and make your own treatments. Was recommended by a very smart and bright professor and she was amazing. shipping was fast and condition was NEW

Amazing reference book - great for therapists beginning or continuing their educationI had to use this for a class and I will probably use it later onVery organized and user-friendly in addition to straight-forward and simply explained theory and more

Excellent book for preparation for California Clinical Vignette exam. The theories are broken down into clear and concise segments. Goals and interventions are clearly differentiated and the exercises were very helpful. I recommended this book to supervising colleagues who incorporated the material into their supervision of their interns. I wish we had this book in my graduate studies, it would have improved my treatment planning skills during my internships. I have recommended this book to others preparing for both the written and vignette exams. They each believed it was more than a worthwhile investment.

Im in my Master of Counseling Program with Walden University and was happy to find this book for an affordable price and in good condition with no wear.

This book provides a very broad overview of many different family therapy theories. The individual techniques and skills are so abbreviated it is more of a truncated definition than a guide to implementation.

I'm a therapist, and bought this to catch up on what the kids are up to these days. Meh. I suppose as a basic intro to treatment planning it's better than a kick in the pants, but for this price, it should have been brilliant. It's merely adequate.

Easy to read and follow. Great book.

Needed this for my masters class. Was great for helping write treatment plans and summarizing the models and breaking them down to help learn their components.

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